

# **ONKOPLASZTIKUS SEBÉSZET**

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**Sebészeti-Onkosebészeti Osztály**

**Budapesti Uzsoki Utcai Kórház**

# **ONKOPLASZTIKA:**

**onkológiai biztonság**

**+**

**esztétikus eredmény**

# Going **FLAT**?

Let's be clear.



Tell your surgeon you want an

**"aesthetic  
flat closure"**

as defined by the  
*National Cancer Institute*  
so your surgeon will know  
exactly what you want:  
a smooth, flat chest.

Learn more at *Not Putting on a Shirt.org*

"I wish I had this book as a resource when I was going through cancer...  
[It] provides compassionate support and information that would be  
invaluable to anyone making mastectomy-related decisions." —TIG NOTARO

# Flat *and* Happy

Mastectomy  
and Flat Closure

A Personal, Practical Guide

**Katrin van Dam**

with CAMELIA LAWRENCE, MD, FACS  
and WENDY MYERS, MSW, LCSW

## Living Flat

A practical guide to having a mastectomy  
and living well without reconstruction

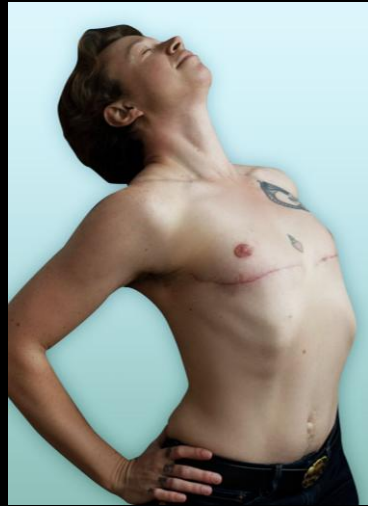


FACED WITH AN UNENVIABLE CHOICE  
KATIE TRENDS HER OWN PATH

# GOING FLAT

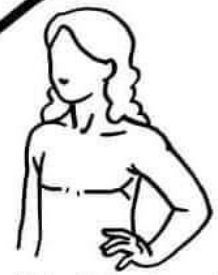


A WESTON CIVIERO FILM





*Aesthetic Flat Closure*  
**Incision**  
**Patterns**



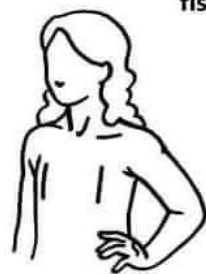
fishtail / y-shaped



joined



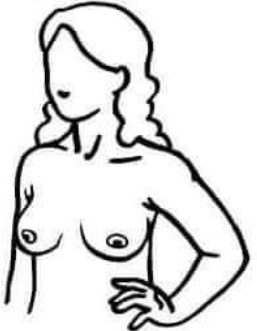
anchor



vertical



curved into axilla



gull wing



diagonal



U-shaped



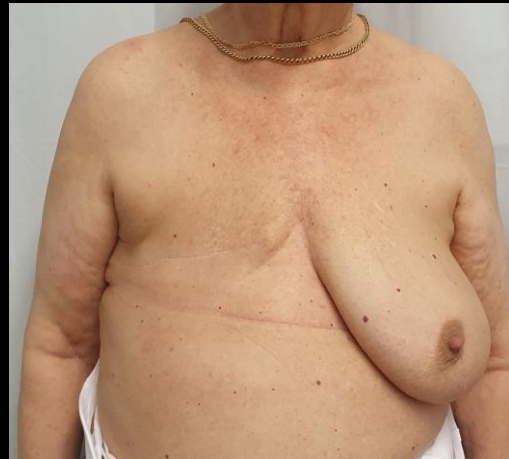
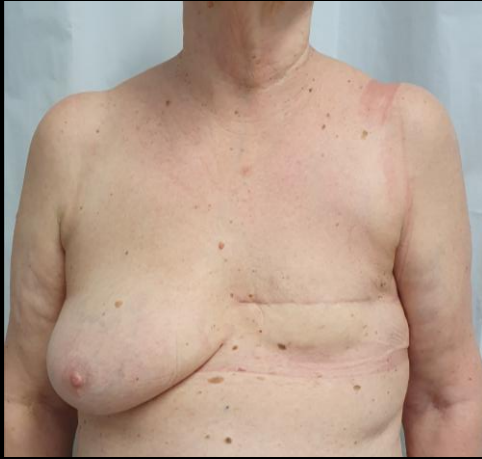
horizontal

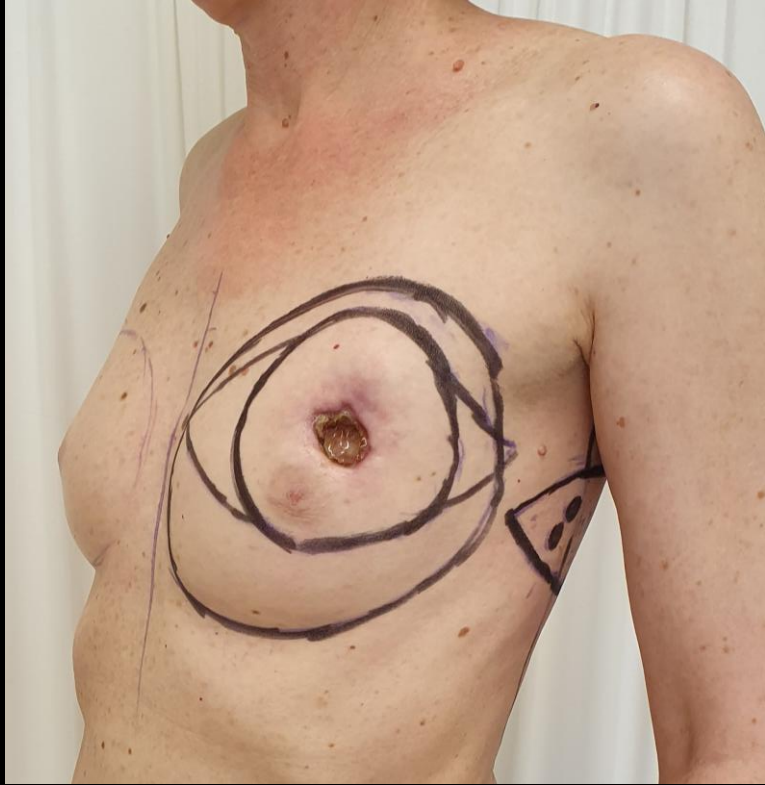






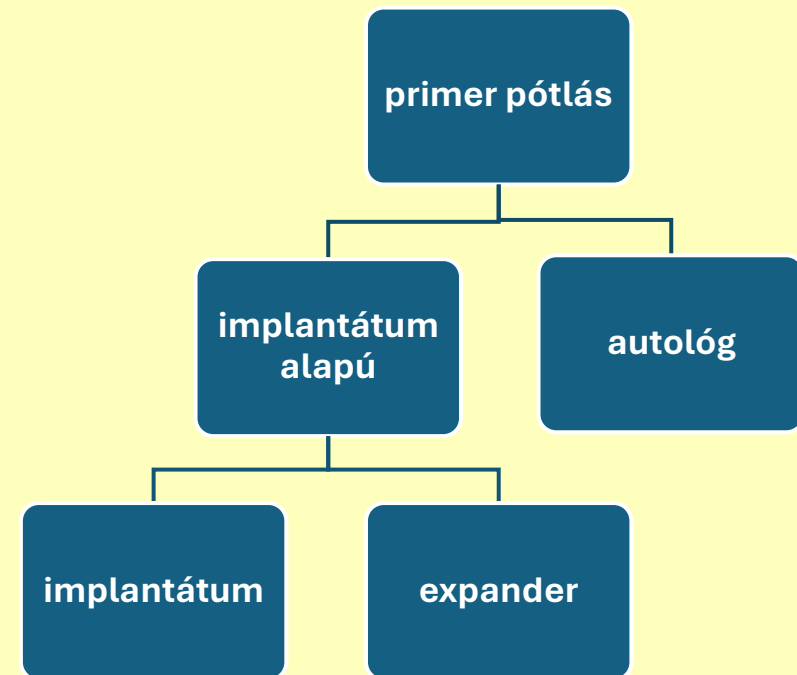


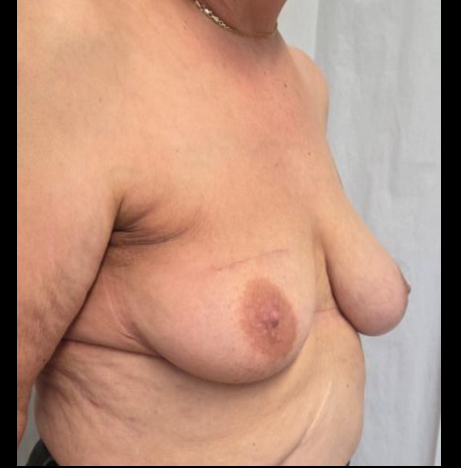




# AZ ONKOPLASZTIKUS SEBÉSZET ALAPELVEI

1. **Sectorexcisio**
2. **Volumen áthelyezés**
3. **Volumen pótlás**
4. **Primer rekonstrukció**





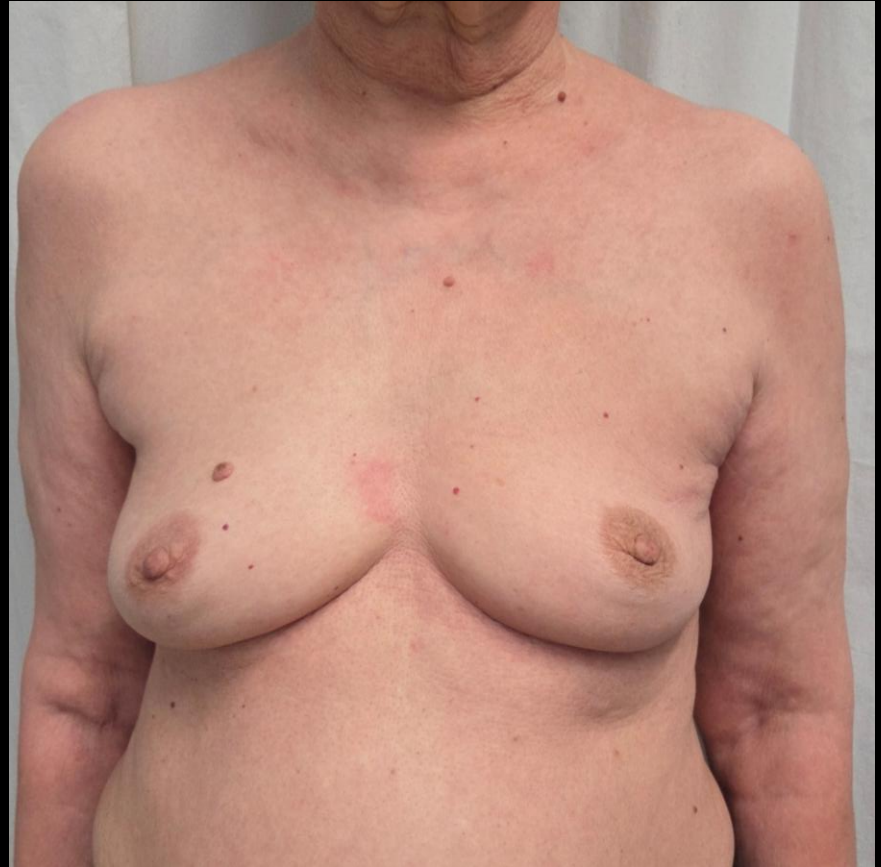
# LAZY-S METSZÉS



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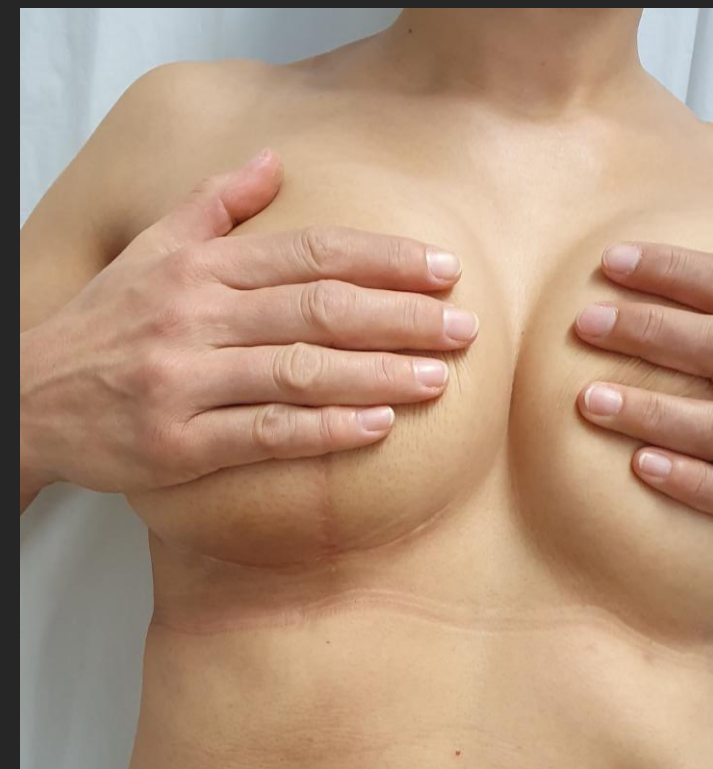


# LAZY-S METSZÉS



# **VOLUMEN ÁTHELYEZÉS** **(volume redistribution)**

# MÁTRIXROTÁCIÓ



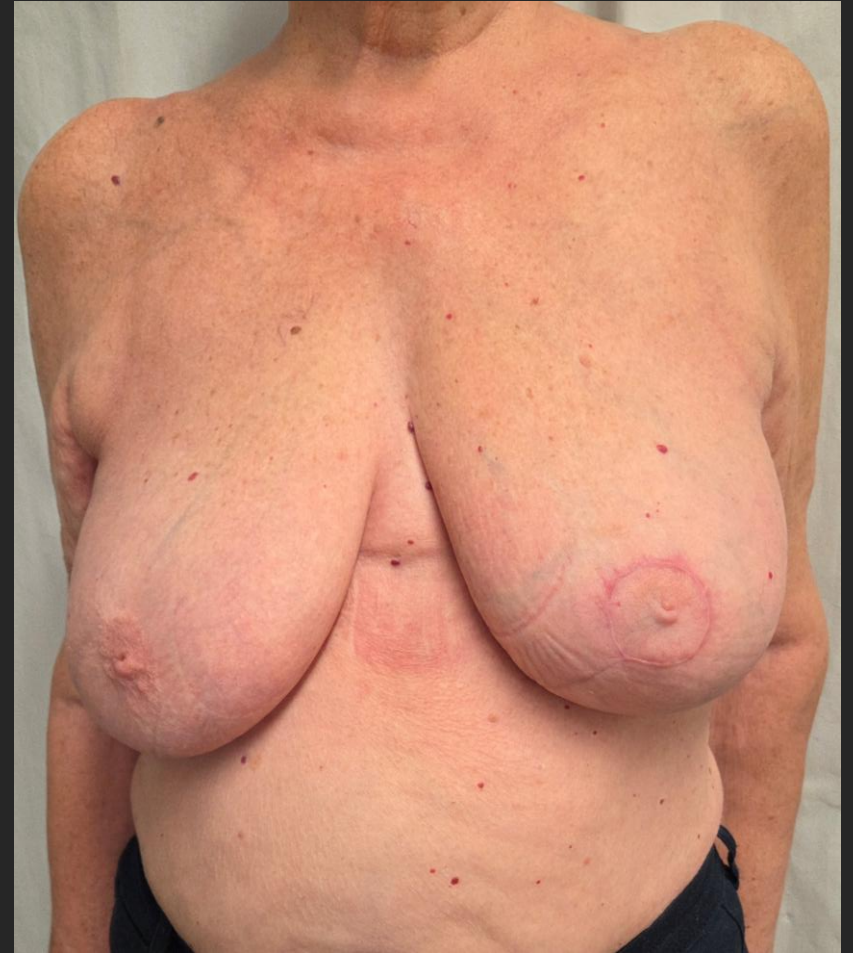
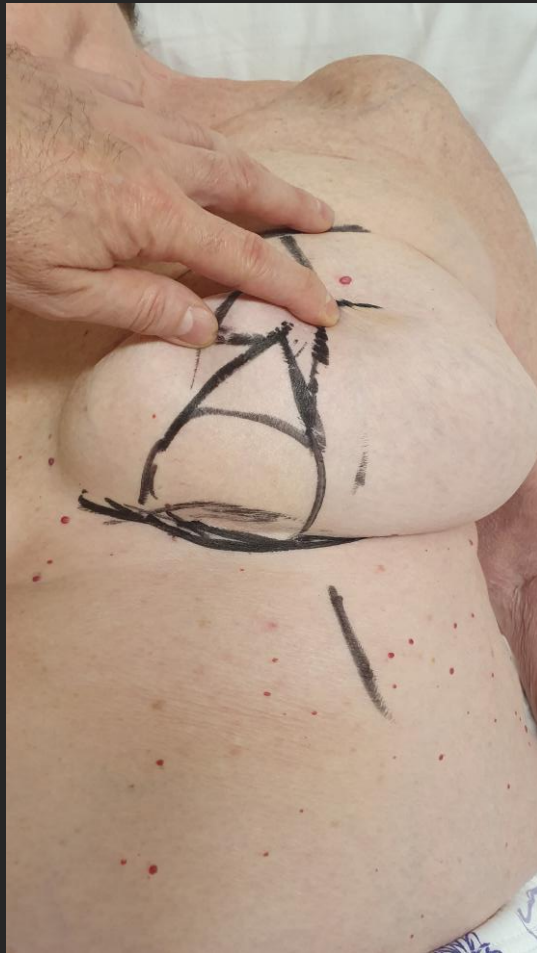
# AREOLA MOBILIZÁCIÓ



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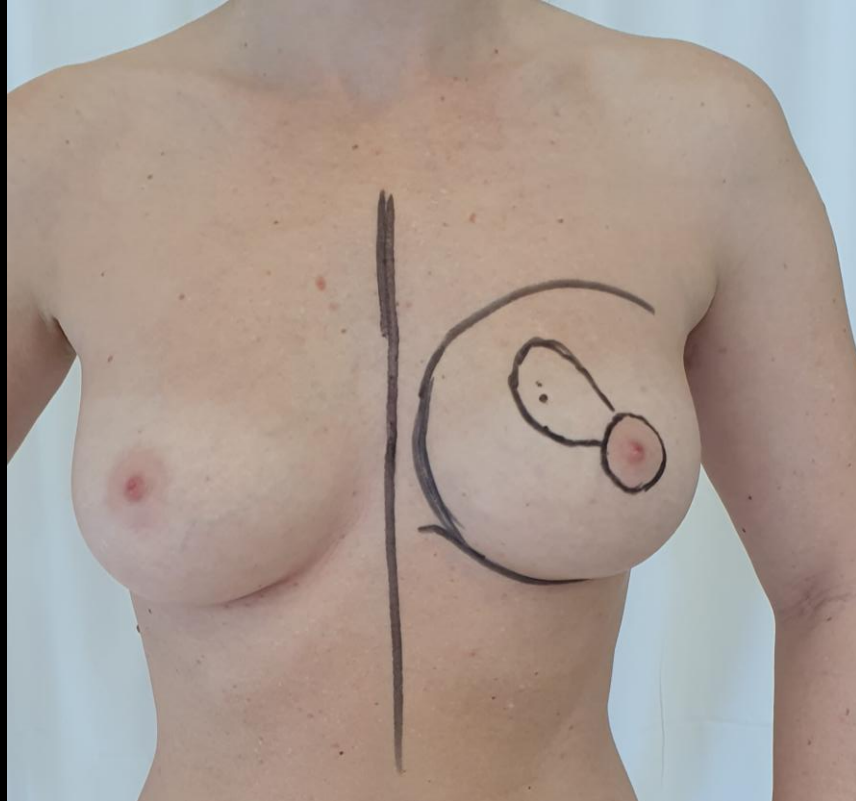
# MÁTRIXROTÁCIÓ + AREOLA MOBILIZÁCIÓ



# ROUND BLOCK



# ROUND BLOCK



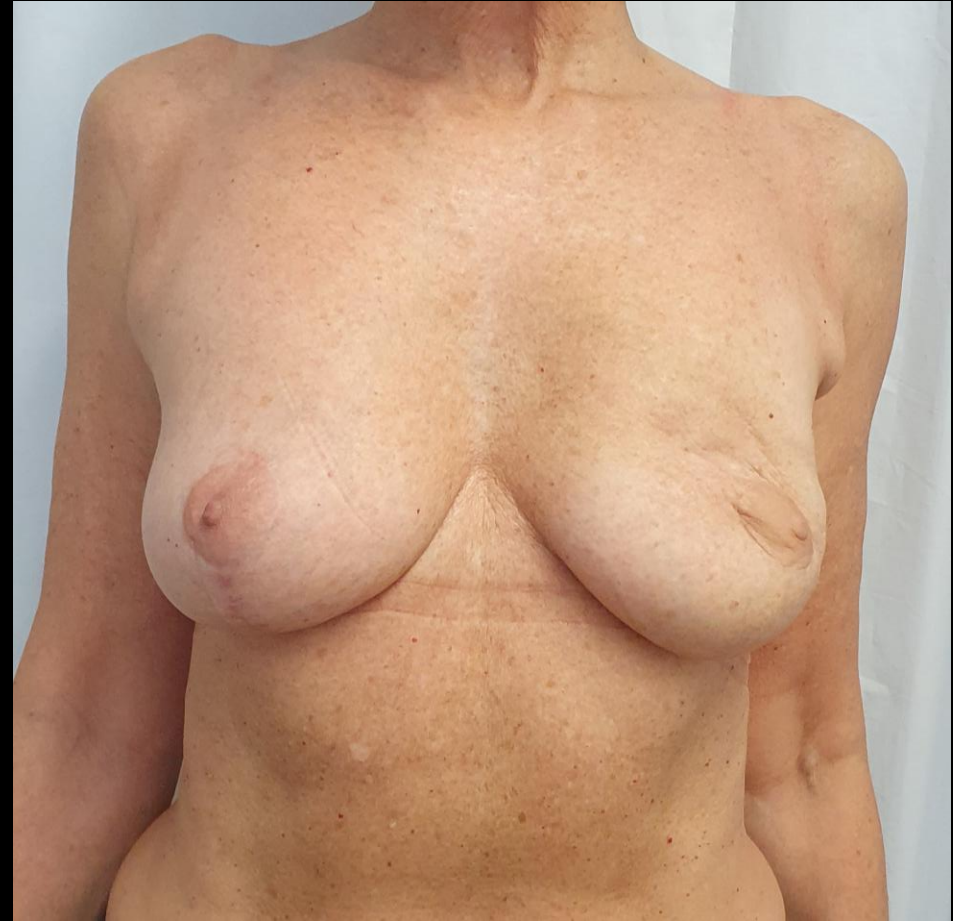
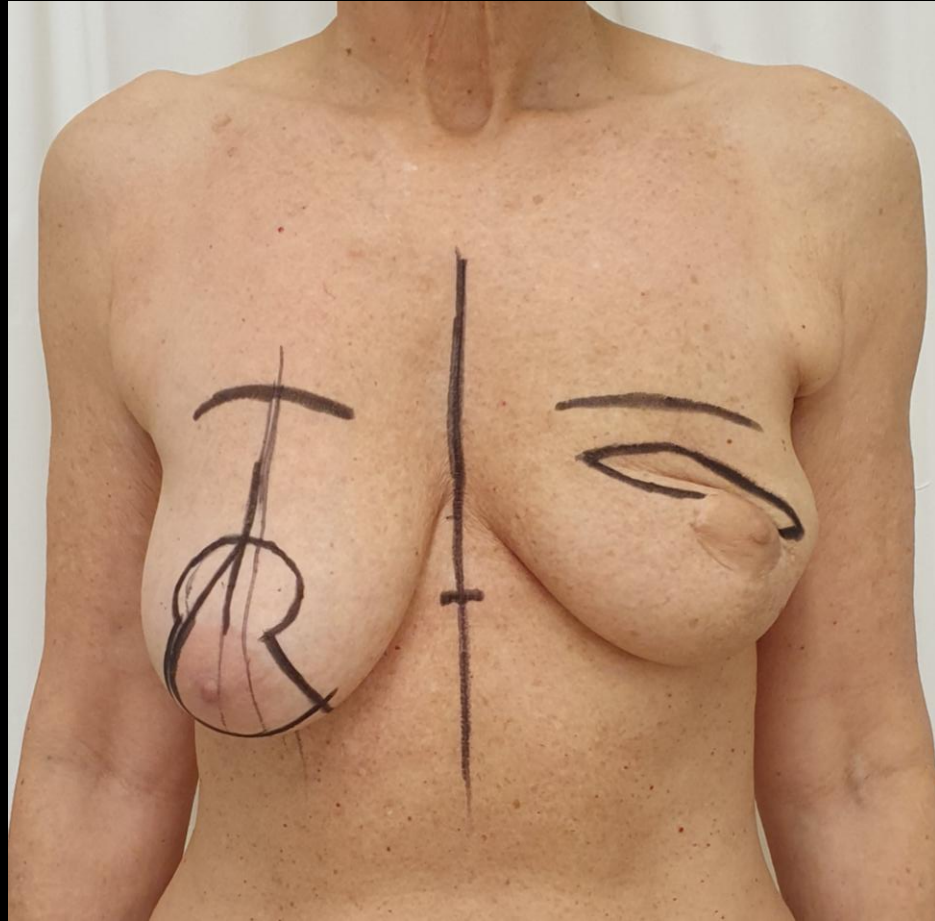
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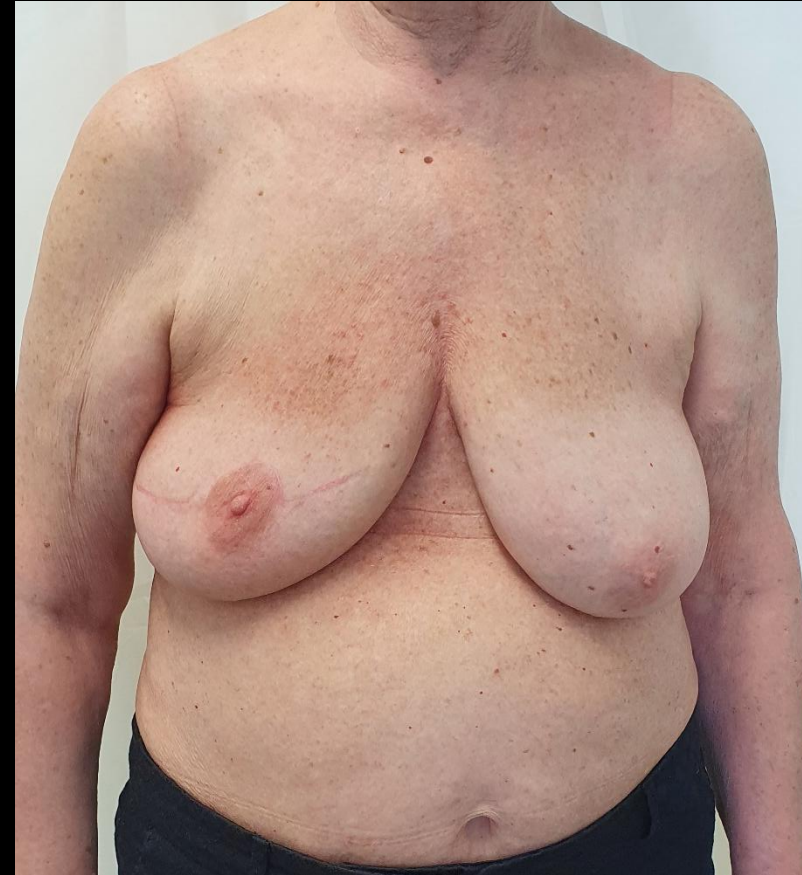
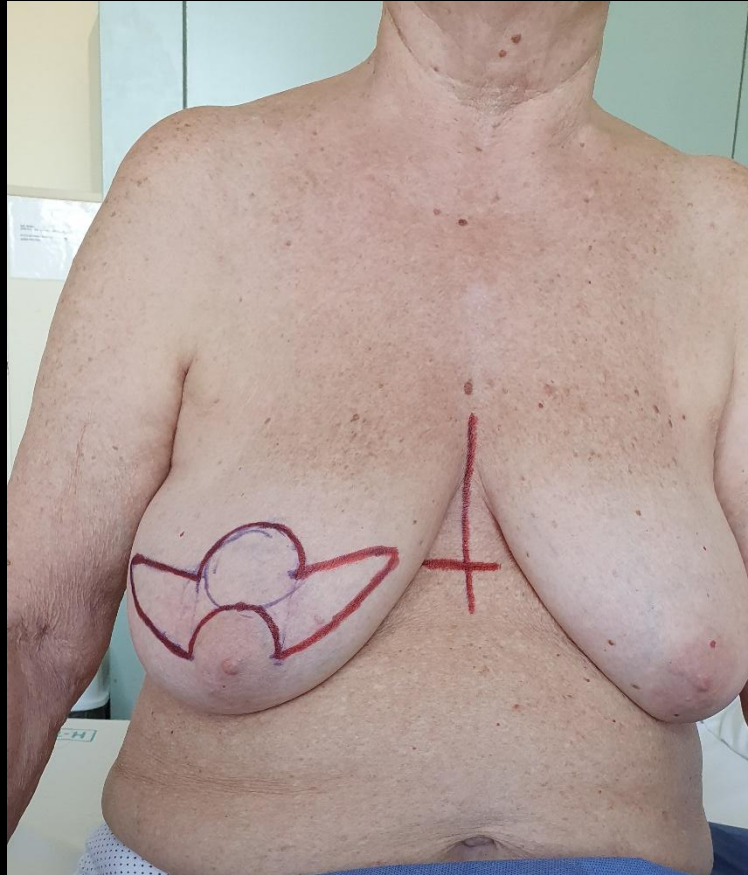
# ROUND BLOCK



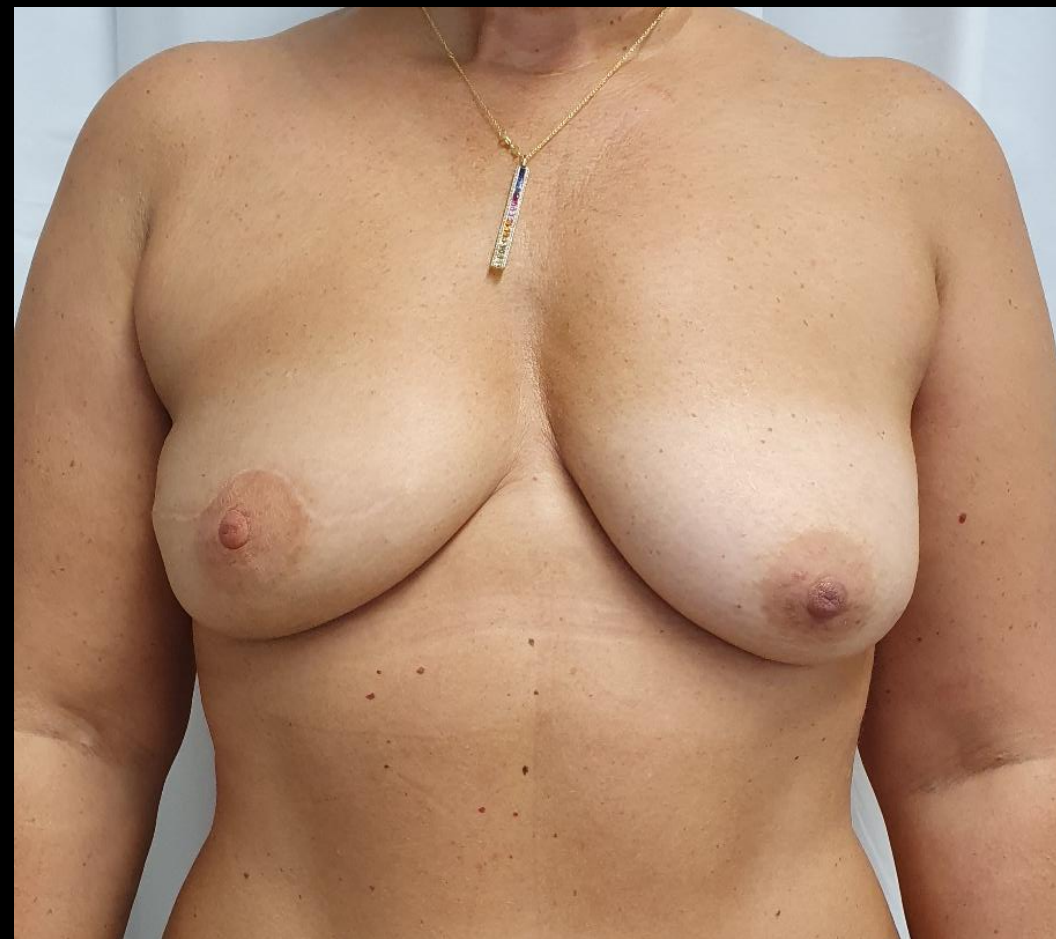
# ROUND BLOCK



# BATWING-PLASZTIKA



# BATWING-PLASZTIKA



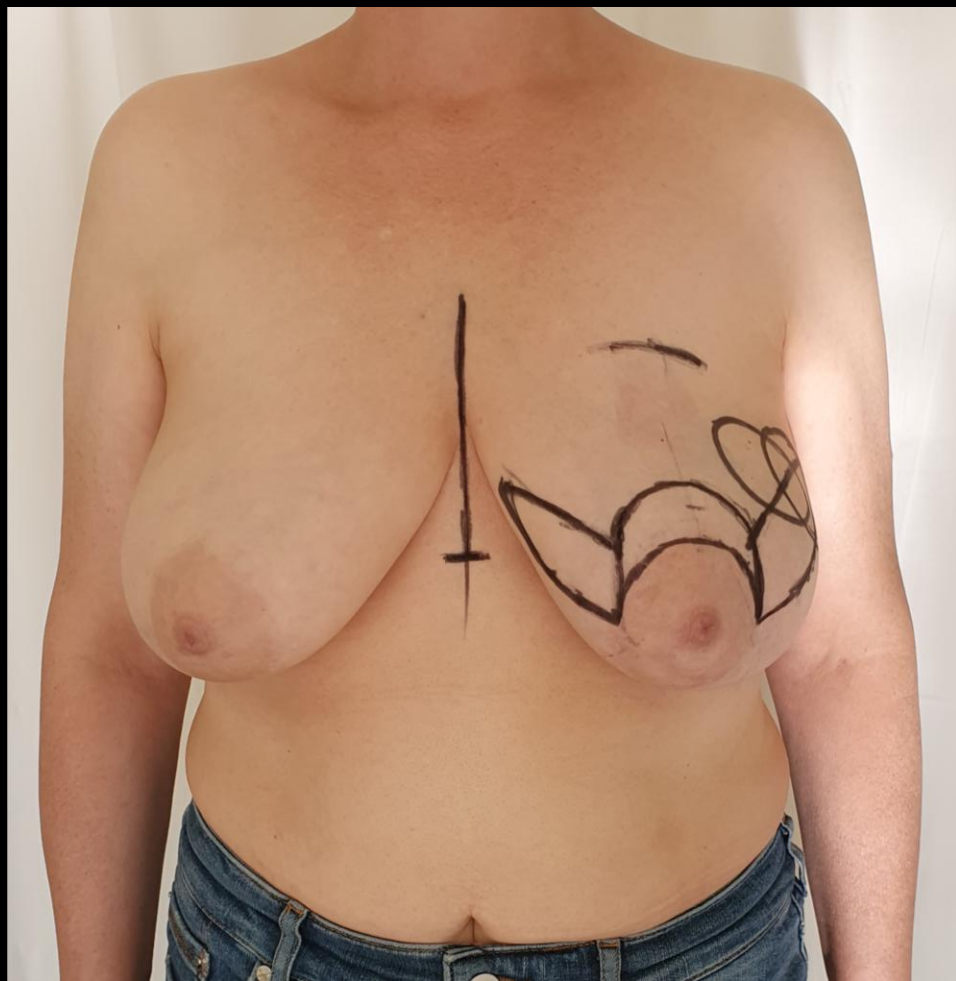
# BATWING-PLASZTIKA



# BATWING-PLASZTIKA



# BATWING-PLASZTIKA



# BATWING-PLASZTIKA



# B-PLASZTIKA



# B-PLASZTIKA



# B-PLASZTIKA



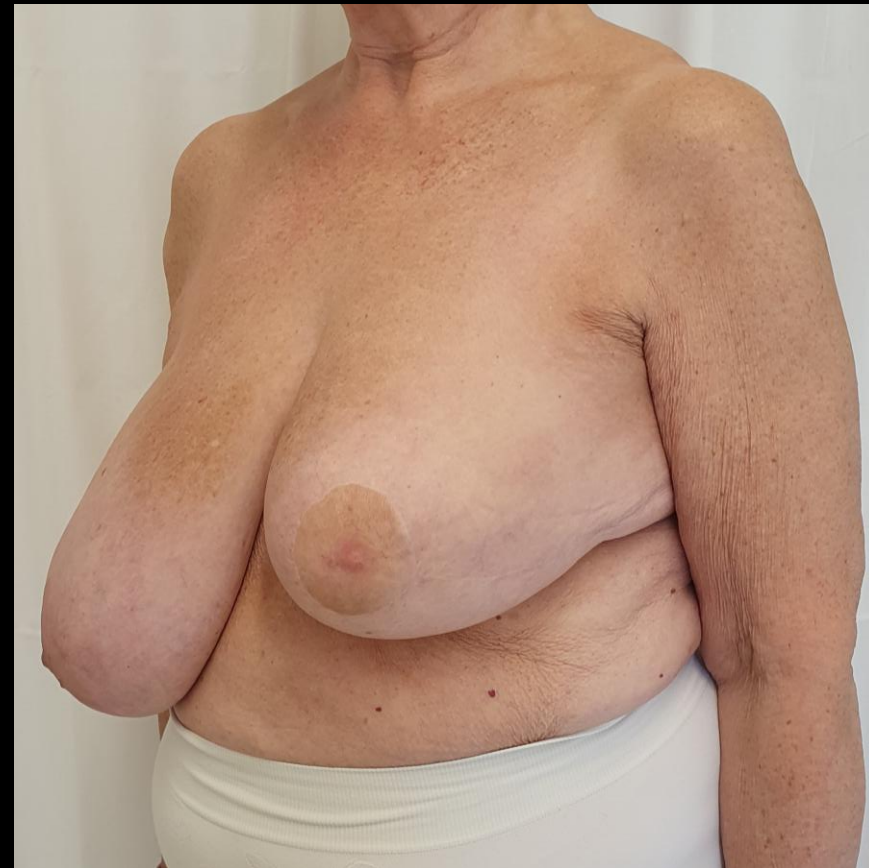
# B-PLASZTIKA



# B-PLASZTIKA



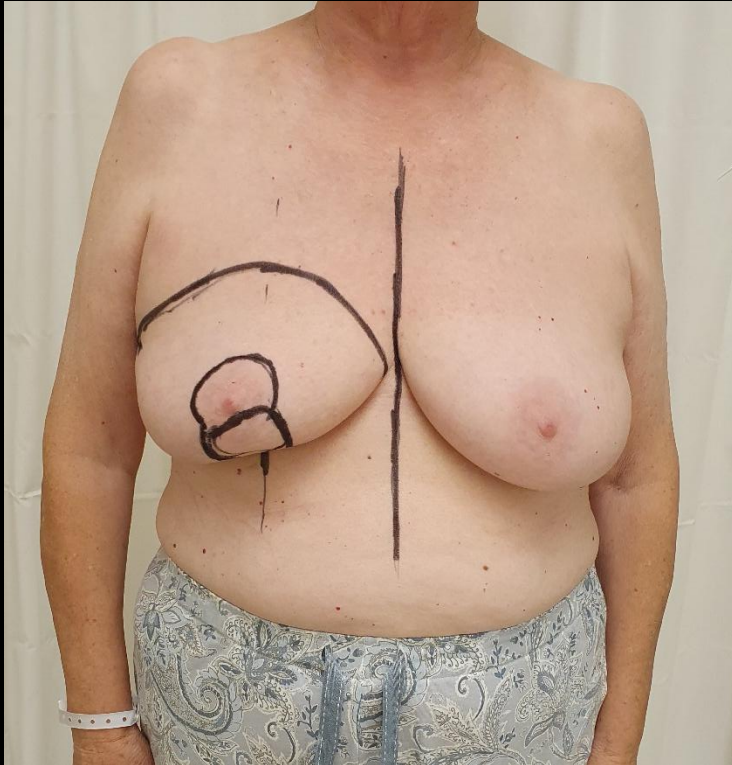
# B-PLASZTIKA



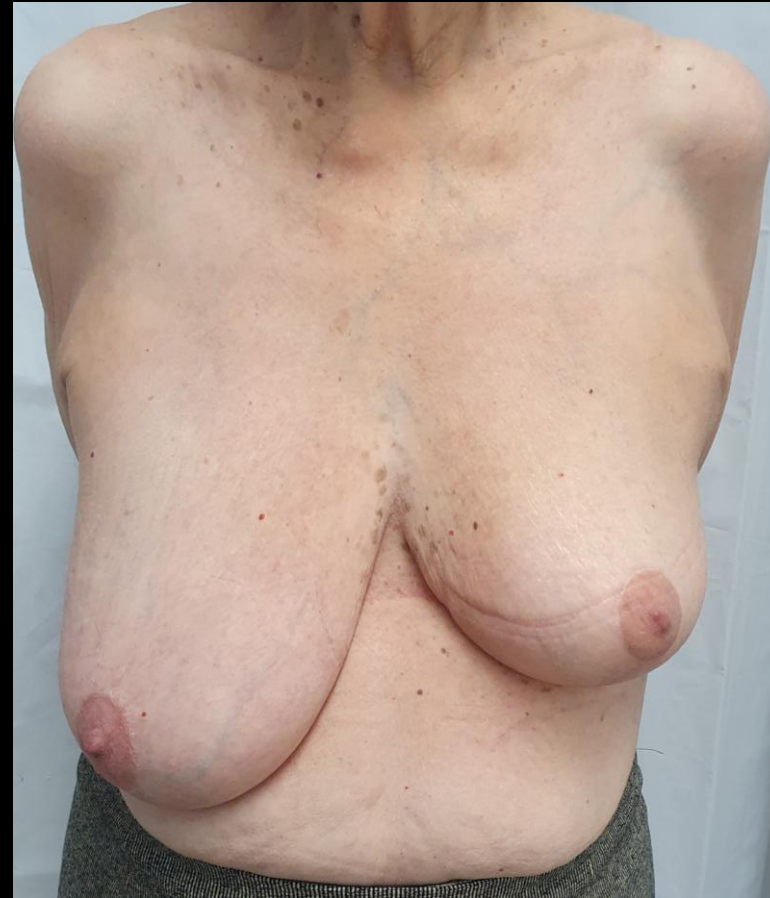
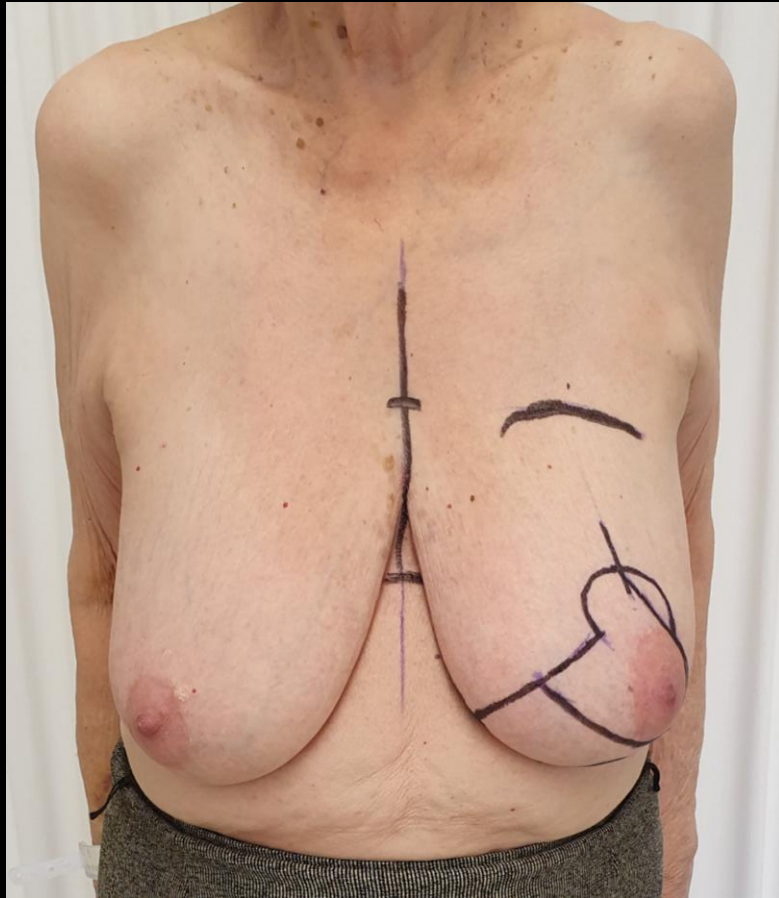
# B-PLASZTIKA



# Onkoplasztikus redukció



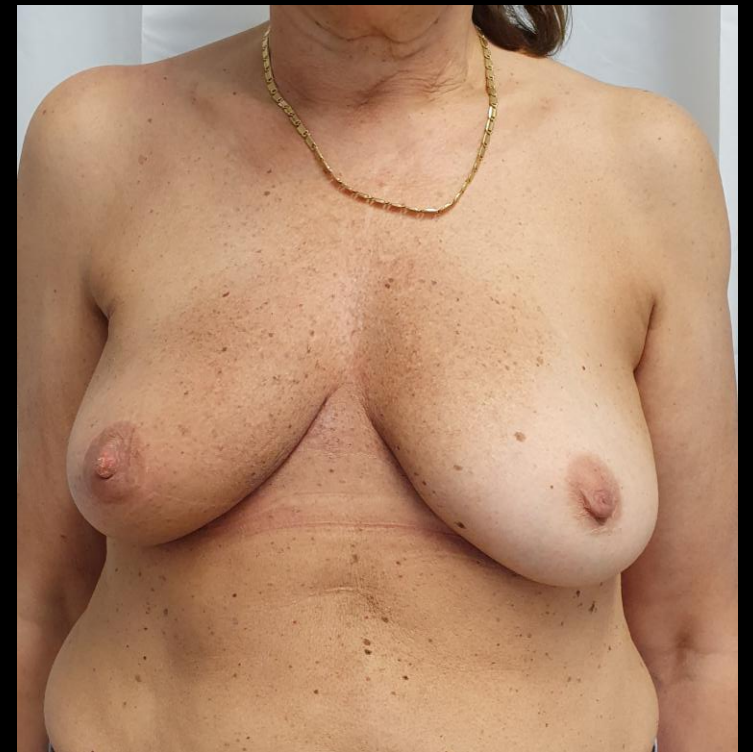
# ONKOPLASZTIKUS REDUKCIÓ



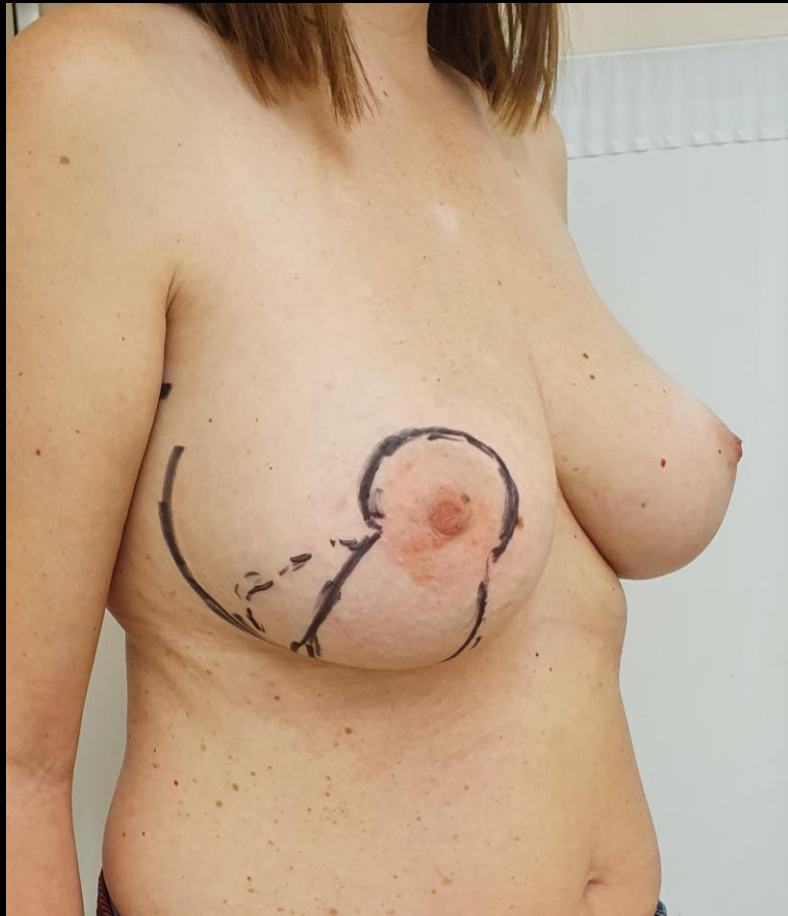
# ONKOPLASZTIKUS REDUKCIÓ



# ONKOPLASZTIKUS REDUKCIÓ



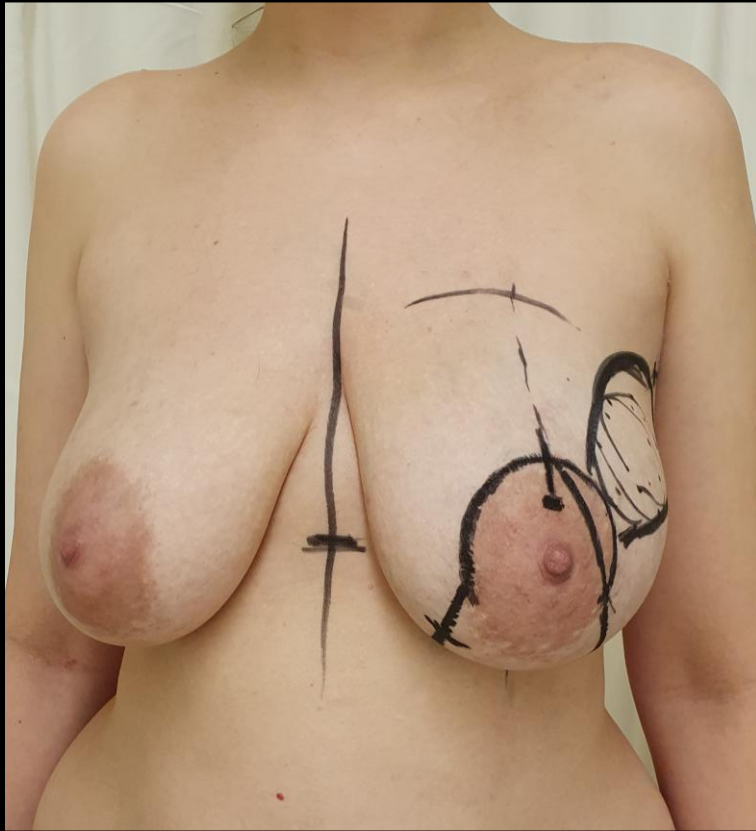
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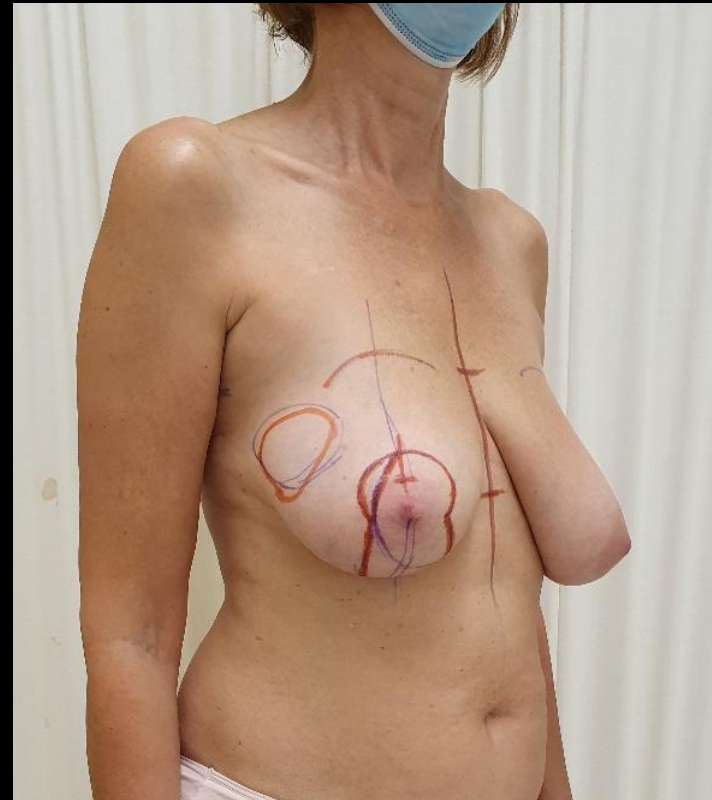
# ONKOPLASZTIKUS REDUKCIÓ



# ONKOPLASZTIKUS REDUKCIÓ



# ONKOPLASZTIKUS REDUKCIÓ



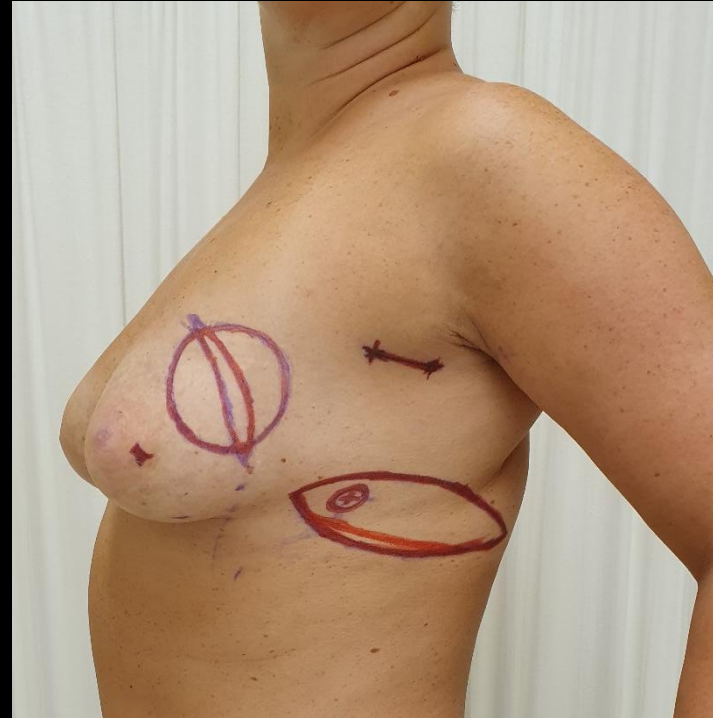
# ONKOPLASZTIKUS REDUKCIÓ



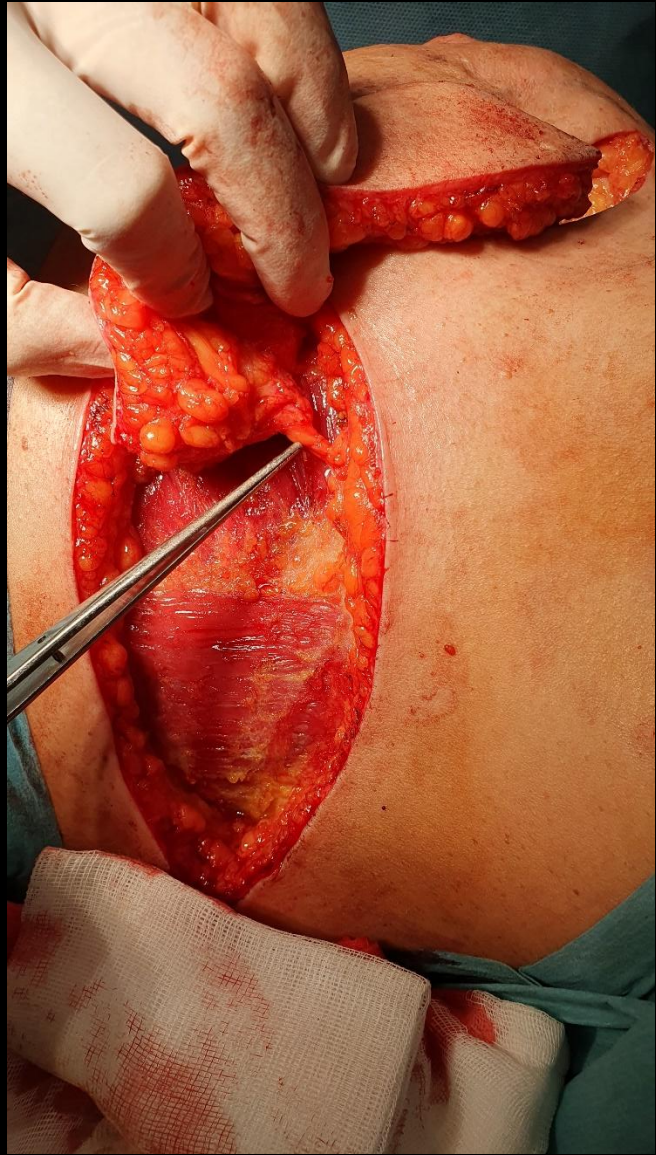


# **VOLUMEN PÓTLÁS** **(volume replacement)**

# VOLUME REPLACEMENT











# LTAP



# LTAP



# LTAP



LTAP



# LTAP



LTAP



LTAP



# LTAP



LTAP





# QUADRANTECTOMIA + TDAP



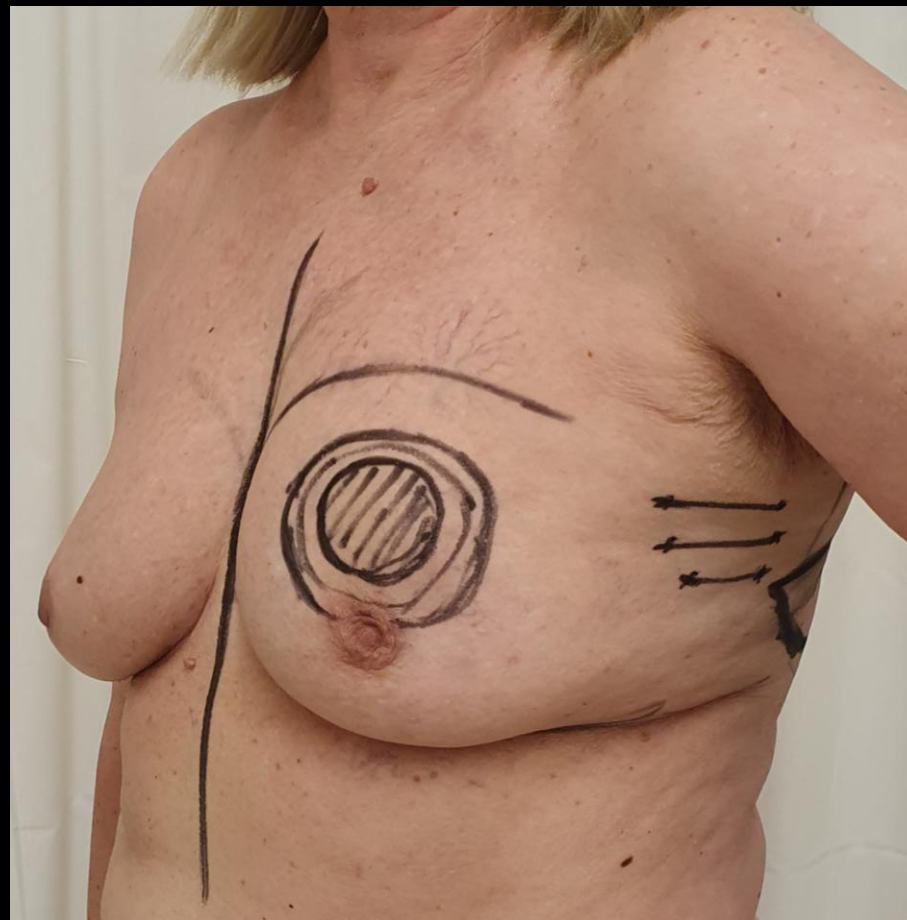
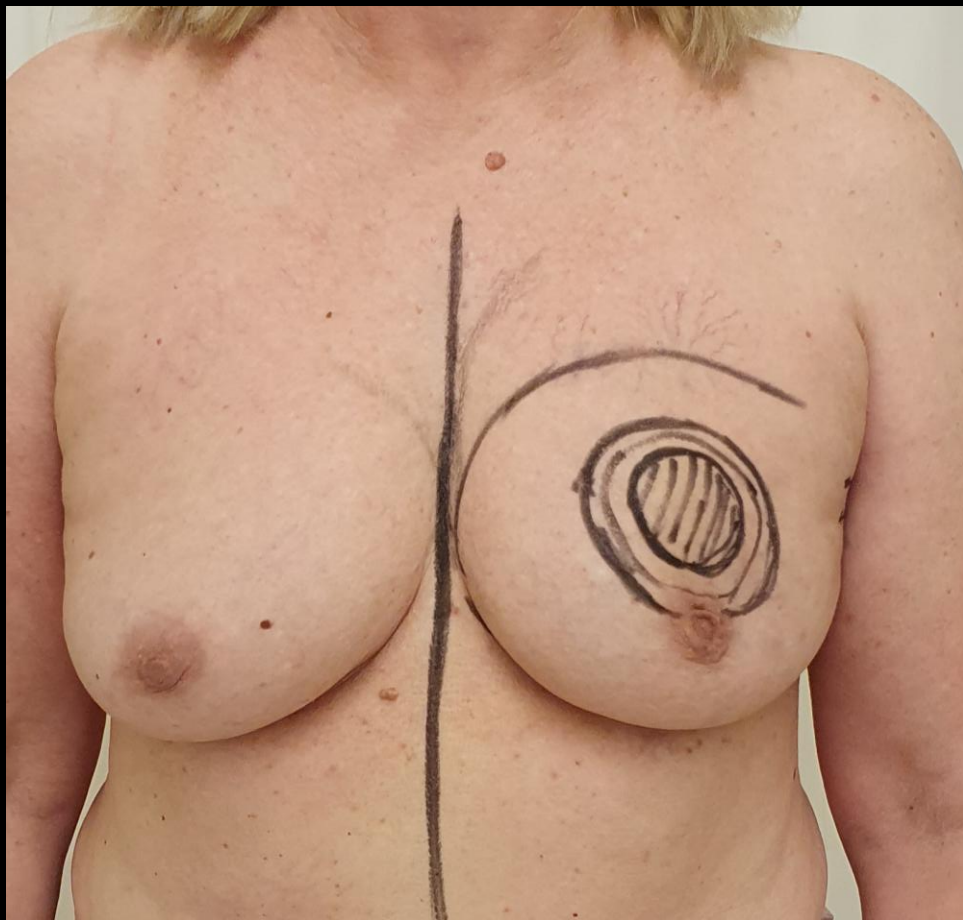
# QUADRANTECTOMIA + TDAP



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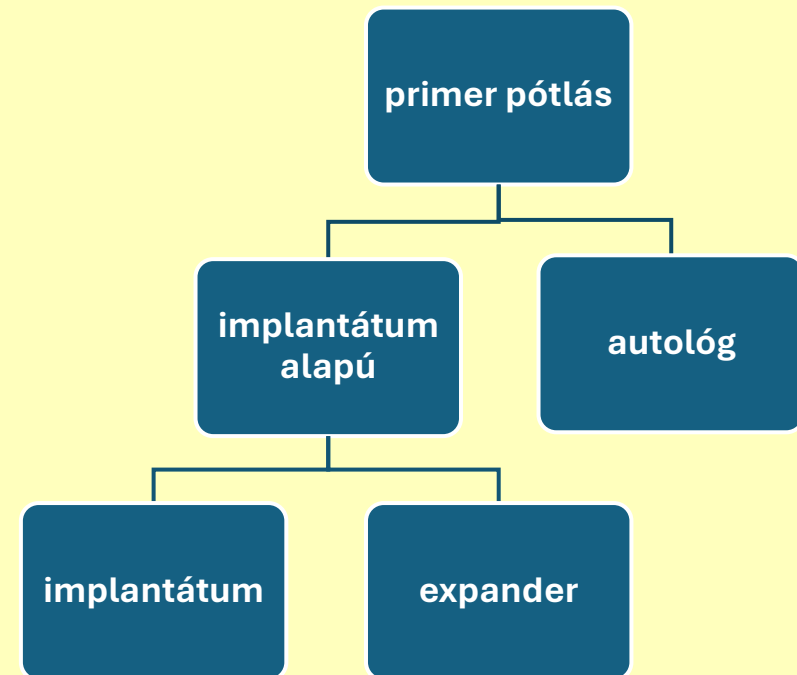
# AZ ONKOPLASZTIKUS SEBÉSZET ALAPELVEI

## 1. Emlőmegtartó műtét

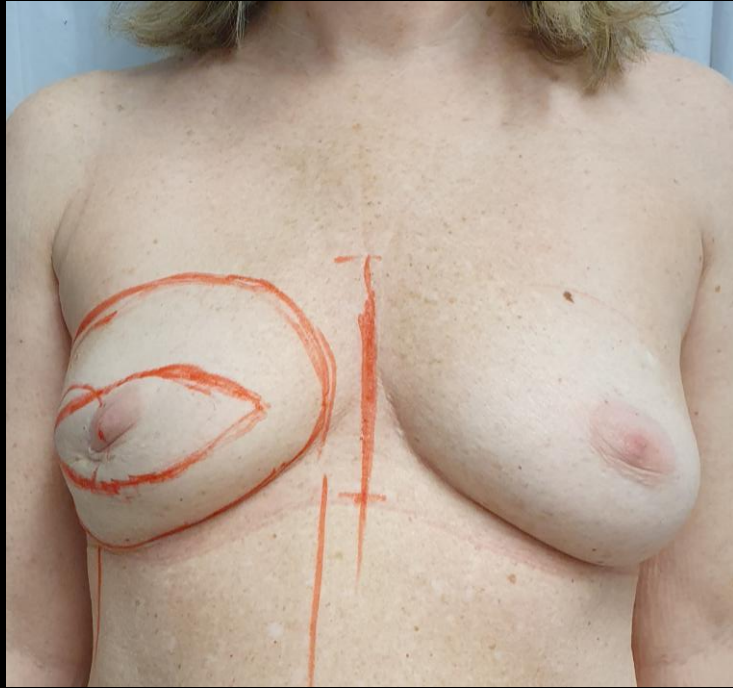
- Sectorexcisio
- Volumen áthelyezés
- Volumen pótlás

## 2. Mastectomia primer pótlással

- Bimbómegtartó mastectomia
- Bőrtakarékos mastectomia
- Redukciós emlőplasztikák
  - Bőrtakarékos
  - Bimbómegtartó
  - Bimbóátültetés



# SSM + DTI



# ZENN-DELAY



# SSM + EXP



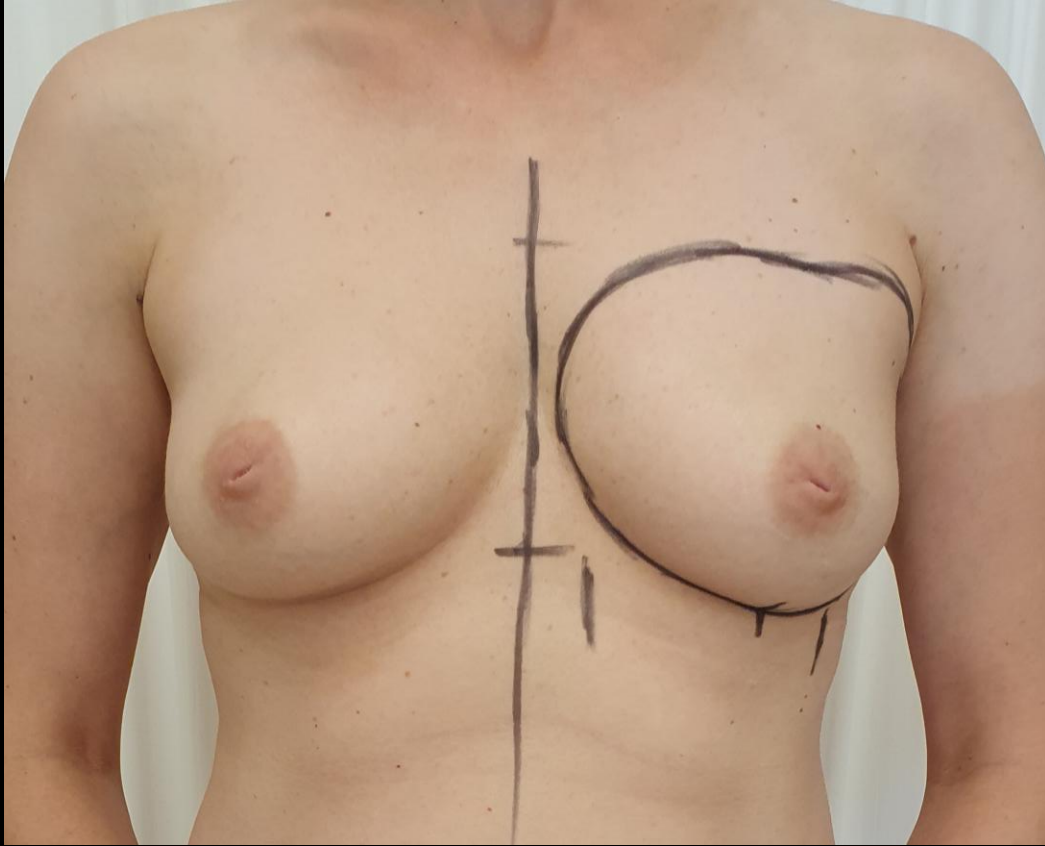
# SSM + EXP



# NSM + DTI



# NSM + DTI



# NSM + DTI



# NSM + DTI



# ZENN-DELAY



# NSM + EXP



# NSM + EXP



# NSM + EXP



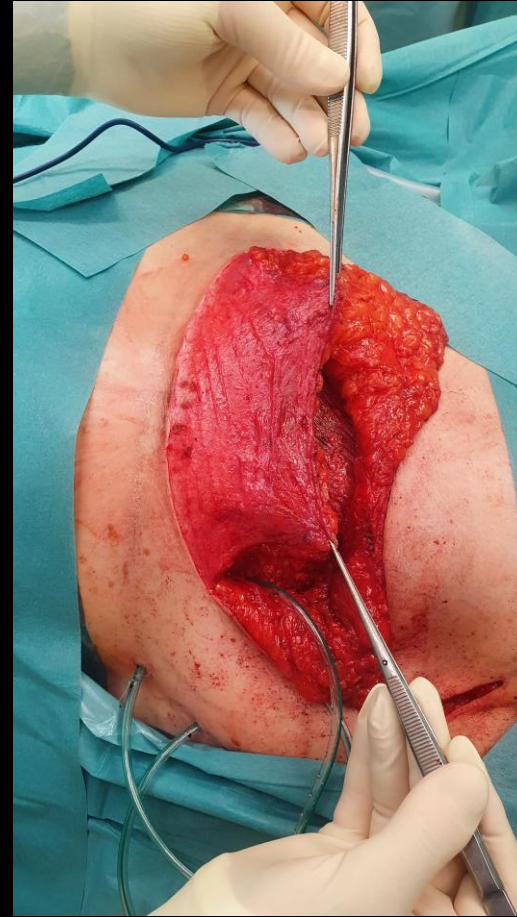
# NSM + EXP



# NSM + EXP



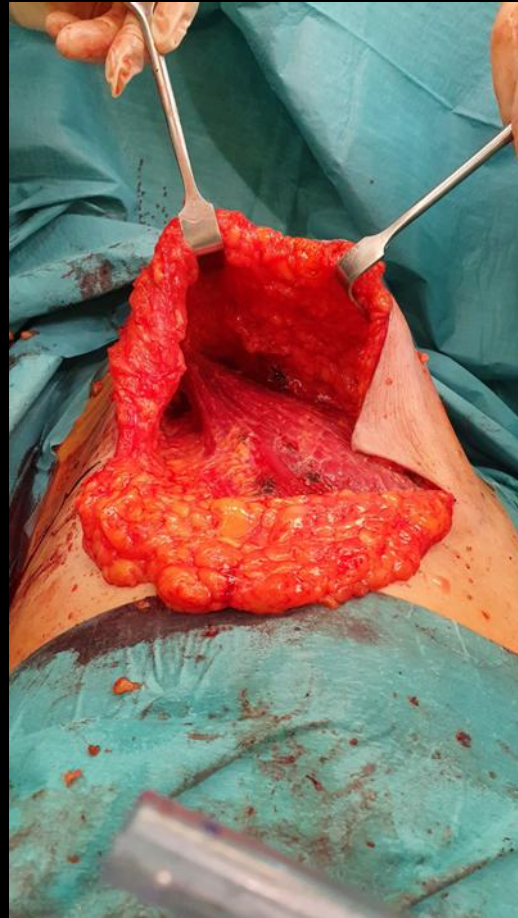
# SRSSM + DTI/EXP



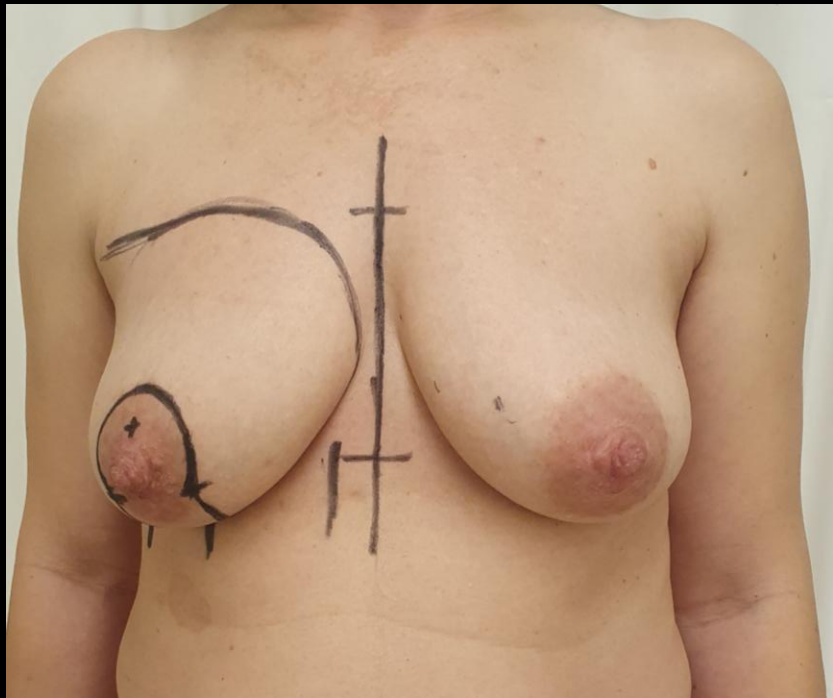
# SRSSM + DTI



# SRNSM + DTI/EXP



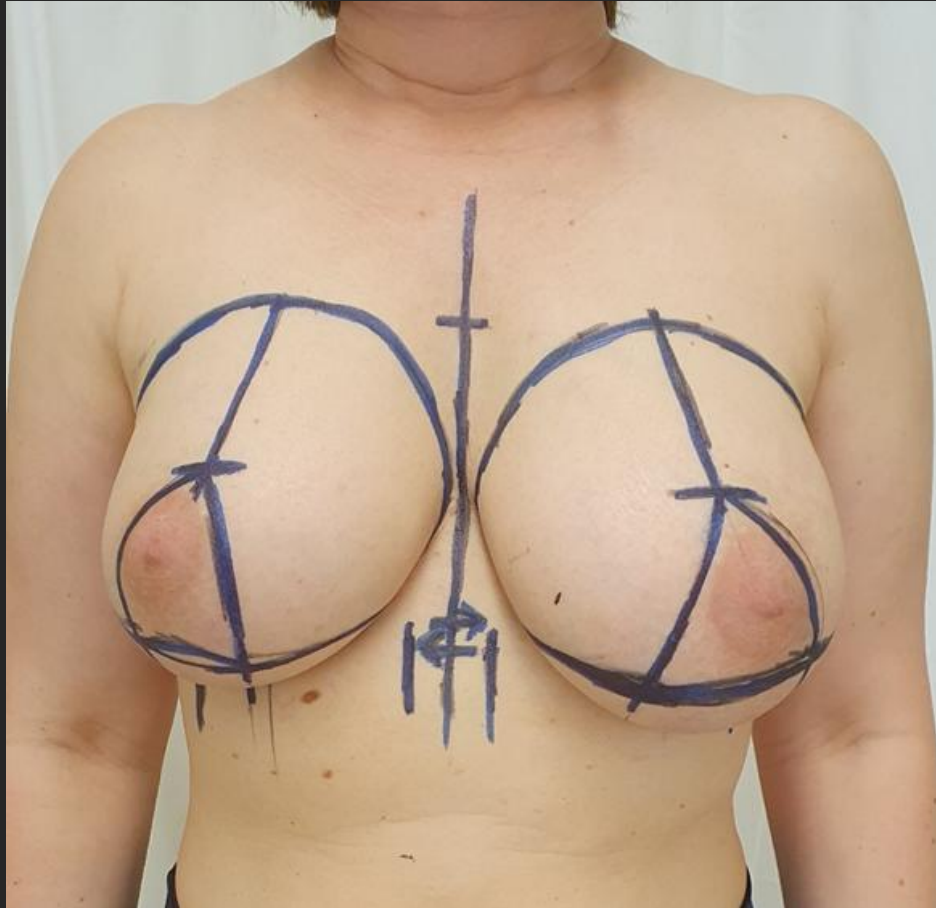
# SRNSM + EXP



# SRSSM + DTI + BIMBÓ ÁTÜLTETÉS



# SRSSM + DTI + BIMBÓ ÁTÜLTETÉS



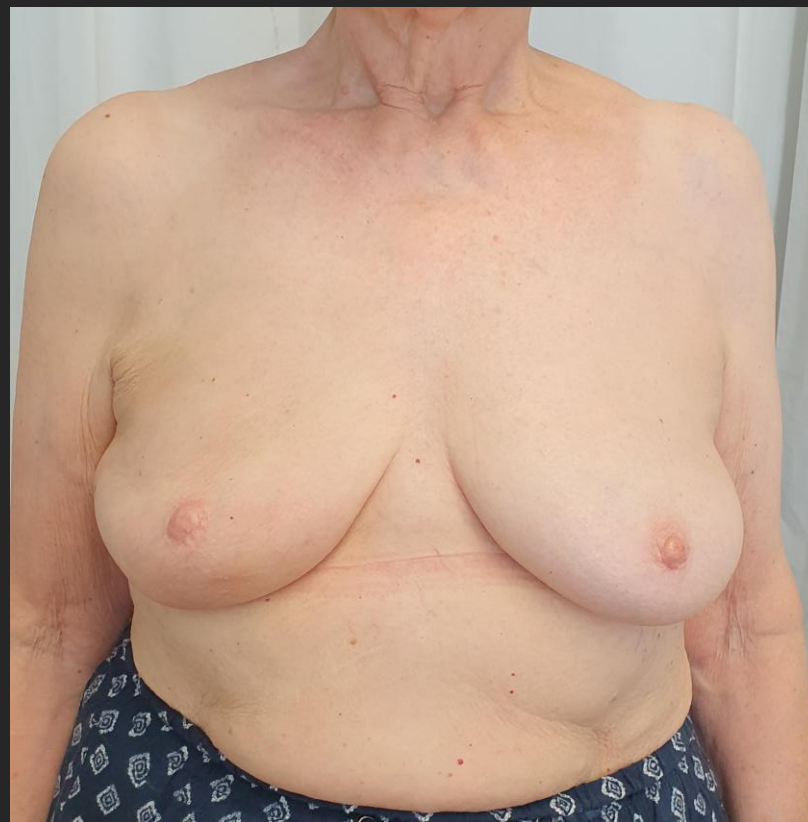
# SRSSM + DTI + RT



# NSM+DTI+RT



# NSM + LD



# NSM + TRAM

